



The Barrie Rowing Club Presents,

# The Barrie *Sprints*

Saturday June 9, 2018

Southshore Community Centre on Kempenfelt Bay

205 Lakeshore Drive, Barrie, ON L4N 7Y9

***A 1000m sprint event for High School age crews***

All races are 1000m

All categories from experienced to novice, sweep and sculling

Floating "quick starts"

Sanctioned by RowOntario

To Register contact : Regatta Central, Barrie Sprints

First Race 8:00am

Coaches Meeting 7:00am

*"Excellent regatta for novice high school crews looking for race experience. Also suitable for more experienced rowers to fine tune starts and finishes"*



Help prevent waste.  
Bring your own reusable  
water bottle and sample  
Barrie's finest tap water

Coaches are encouraged to assess athlete's development when selecting races to enter. Course is an open water course that is roughly buoyed every 150m, in cold water conditions. Please ensure all boats have secure bow balls, proper heel straps and a bow marker holder. Our facility does not have a separate hot seating dock. Hot seating is only appropriate with a 3 race gap. BRC may be able to assist with host club equipment if required.

For additional information contact: Derek Vair, [derek@vairs.ca](mailto:derek@vairs.ca) or Matt Gleben [matt.gleben@gmail.com](mailto:matt.gleben@gmail.com)