



Swim Test

Every athlete must attest in writing that he/she is able to pass the BRC swim test,

BRC Swim Test

Athlete must demonstrate the ability to perform the following during one session,

- swim 100 metres without stopping,
- tread water for 5 minutes,
- putting on a life jacket while treading water

Test may be performed in a pool or lake.

I hereby attest that _____ has successfully completed the BRC Swim Test

Witness (required for all athletes under 18 years of age)

Swimming Professional Credentials : _____

Name: _____

Signature: _____, Date _____

Athlete

Signature _____ Date _____

Parent or Guardian (if Athlete is under 18) _____ Date _____

Name of Parent or Guardian _____